

**SYMPTOM SURVEY**  
(Check as many as apply)

**GENERAL SYMPTOMS:** (Check as many as apply)  
 Nervousness  Irritability  Fatigue  Depression  
 Loss of Sleep  Tension  PMS  Jaw Pain

**MID-UPPER BACK:** (Check as many as apply)  
 Pain  Left side  Right side  Both  
**PAIN TYPE:**  Sharp/Stabbing  Dull Ache  
 Muscle Spasm  Left  Right  Both

**HEAD:** (Check as many as apply)  
 Headache -  Mild  Moderate  Severe  
  
**HOW OFTEN (1-2-3-4-5-6) Per (Day-Week-Month)**  
**ARE THEY**  Sharp  Dull  
**ARE THEY**  Constant  Intermittent  
  
Where are your Headaches located:  
 Back of head  Forehead  Temples  
 Right Side  Left Side  Behind Eyes  
  
 Light Headed  Memory Loss  Fainting  
 Blurred Vision  Double Vision  
 Sensitivity to light  Loss of balance  
 Hearing Loss  Ringing in ears

**CHEST:** (Check as many as apply)  
 Deep Chest Pain  Left side  Right side  Both  
  
**PAIN LEVEL:**  Mild  Moderate  Severe  
  
 Pain around ribs  Left  Right  Both

**ABDOMINAL SYMPTOMS:** (Check as many as apply)  
 Pain  Left side  Right side  Both  
 Nervous Stomach  Nausea  Gas  Constipation  
 Diarrhea  Heartburn  Indigestion  Loss of appetite

**NECK:** (Check as many as apply)  
 Pain  Left side  Right side  Both  
**PAIN LEVEL:**  Mild  Moderate  Severe  
  
**PAIN INCREASED BY:**  
 Forward movement  Backward movement  
 Rotation of neck to left  Rotation of neck to right  
 Bending neck to left  Bending neck to right  
  
 Neck stiffness  Muscle spasms  
 Grinding / Grating sounds

**LOW BACK:** (Check as many as apply)  
 Lower Back Pain  Left side  Right side  Both  
  
**PAIN LEVEL:**  Mild  Moderate  Severe  
  
 Muscle Spasms  Left  Right  Both

**SHOULDERS:** (Check as many as apply)  
 Pain in shoulder joint  Left  Right  Both  
 Pain across shoulder  Left  Right  Both  
 Limitations of movement  Left  Right  Both  
 Tension  Left  Right  Both

**HIPS AND LEGS:** (Check as many as apply)  
 Pain into Buttocks  Left side  Right side  Both  
**PAIN LEVEL:**  Mild  Moderate  Severe  
  
 Pain into Hip Joint  Left side  Right side  Both  
**PAIN LEVEL:**  Mild  Moderate  Severe  
  
 Pain down Leg  Left side  Right side  Both  
**Location:**  Front  Back  Side  
**Pain radiates to:**  Knee  Calf  Foot  
  
 Numbness down Leg  Left side  Right side  Both  
**Location:**  Front  Back  Side  
  
 Pins & Needles In Leg  Left side  Right side  Both  
**Location:**  Front  Back  Side  
  
 Knee Pain  Left side  Right side  Both  
  
 Leg Cramps  Left side  Right side  Both

**ARMS:** (Check as many as apply)  
 Pain in Upper arm  Left  Right  Both  
 Pain in Elbow  Left  Right  Both  
 Pain in Forearm  Left  Right  Both  
 Pins & Needles (Arm)  Left  Right  Both  
 Pins & Needles (Forearm)  Left  Right  Both  
 Numbness in arm  Left  Right  Both  
 Numbness in forearm  Left  Right  Both

**HANDS:** (Check as many as apply)  
 Pain in Wrist  Left  Right  Both  
 Pain in Hand  Left  Right  Both  
 Pins & Needles (Hand)  Left  Right  Both  
 Numbness (Hand)  Left  Right  Both

**FEET:** (Check as many as apply)  
 Ankle Pain  Left side  Right side  Both  
 Swollen Ankle  Left side  Right side  Both  
 Foot Pain  Left side  Right side  Both  
 Numbness into feet  Left side  Right side  Both  
 Swollen Feet  Left side  Right side  Both  
 Foot Cramps  Left side  Right side  Both

**Questions / Comments:**  


---



---



---



---



---